



ARBOR PARK MIDDLE SCHOOL

DISTRICT 145 · 17303 CENTRAL AVENUE, OAK FOREST, IL 60452-4920 · (708) 687-5330 · FAX (708) 535-4527

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12/11/17

Dear Parents & Caregivers,

On January 24, 2013, Governor Quinn signed the Erin's Law which requires that Illinois public schools provide age appropriate personal body safety awareness and prevention education programs for their students in grades kindergarten through 12.

Your child will be participating in a very important program that teaches children and teenagers about personal safety. During two 45-minute sessions, a trained facilitator will present research-based, age-appropriate lessons to help students learn the skills to prevent or interrupt cycles of neglect, bullying and child abuse – physical, emotional and sexual.

As your child is getting older, personal safety is becoming more of a shared responsibility between adults and adolescents. The lessons focus on helping adolescents identify safe adults in their lives and learn five safety principles:

1. I decide what to do with my body.
2. It's okay to ask for help to keep yourself and others safe.
3. I have choices.
4. Tell someone in authority.
5. Abuse is never my fault.

We look forward to having this curriculum for our students as we continue to build a strong safety net for our children and teenagers!

Sincerely,

Ashwin Karingada, 5th-8th School Counselor Akaringada@Arbor145.org

Ashley Moore, 5th-8th Social Worker Amoore@Arbor145.org